

## KEEPING SAFE & HEALTHY

**SUMMER EYE HEALTH**

As the summer sun shines – will you be protecting your eyes? Bright sunshine is not only dazzling, it may also cause long term damage to your eyes.

**DID YOU KNOW?**

- Children's eyes are more susceptible to ultraviolet (UV) rays due to the larger pupils and clearer lenses in their eyes.
- Exposure to UV light has been linked to certain eye conditions, including cataract and macular degeneration.

**UV**

**Sunglasses**

Wearing sunglasses can help protect your eyes from UV rays. Look for sunglasses that block 100% of UVA and UVB rays.

**Hats on**

Hats aren't just a fashion accessory, they are also a great way to protect your eyes from the glare of the sun. Add an extra layer of protection to your eyes by wearing a hat with a wide brim or a sun visor to keep your eyes comfortable.

**Wear swimming goggles**

Wearing goggles is a great way to protect your eyes from chlorine and other irritants in the water. If you wear contact lenses, you should remove them before swimming.

**Sand in your eyes...**

Rubbing your eyes with small particles of sand can scratch your cornea, causing irritation and possible abrasion or infection. While your eyes will naturally attempt to remove the particles by blinking and watering, you can ease your discomfort by using artificial tears. If the irritation continues, contact your local optometrist.

**Get outside**

Scientists have shown that children who spend more time outdoors are less likely to be near-sighted. Encourage your child to play outdoors and make sure their eyes are properly protected by following our top tips.

If you have any concerns about your vision, please contact your local optometrist. [lookafteryoureyes.org](http://lookafteryoureyes.org)

## CHRISTIAN VALUES

Compassion & Forgiveness

### COMPASSION

Then the Lord passed by in front of him and proclaimed, "The Lord, the Lord God, compassionate and gracious, slow to anger, and abounding in lovingkindness and truth."

Exodus 34:6

## COMMUNITY NEWS

ORGANISED BY ROSS-ON-WYE TOWN COUNCIL **need to book**

### Free Easter activities

- Mon 14th** 2 CINEMA SHOWINGS (TANGLED & BIG HERO 6) THE PHOENIX THEATRE - 2PM & 4PM
- Tues 15th** HEDGEHOG CRAFTS & TREASURE HUNT ROSS COMMUNITY GARDENS - 1 TO 4PM
- Weds 16th** 2 YOGA SESSIONS WITH PHOENIX FIT THE BANDSTAND - 2PM & 3:20PM
- Thurs 17th** EASTER EGG HUNT THE BANDSTAND - MIDDAY
- Tues 22nd** QUIZ EVENING ROSS LIBRARY - 7PM
- Weds 23rd** ARTS & CRAFTS WITH ART STUDIO ROSS THE MARKET HOUSE - 10 TO 12PM
- Thurs 24th** BOARD GAME EVENING THE CORN EXCHANGE - 3 TO 7PM
- Fri 25th** CHILDREN'S WRITING WORKSHOP ROSS LIBRARY - 10AM
- Fri 25th** 2 PUPPET SHOWS FROM SEA LEGS PUPPET THEATRE THE MARKET HOUSE - 1:30PM & 3PM

VISIT OUR WEBSITE FOR MORE INFORMATION [HTTPS://WWW.ROSS-TC-HEREFORDSHIRE.GOV.UK/EVENTS/](https://www.ross-tc-herefordshire.gov.uk/events/)

## Goodrich Church of England

Attendance		13 <sup>th</sup> Edition 2024-25		4 <sup>th</sup> April 2025		House points	
Reception	91.5%	<b>School Prayer</b> <p>Dear God, Bless our school. Bless our teachers. Bless our pupils. Bless our families. Please help us to be kind and help us to always try our best. Let us remember, as many hands make a house, So many hearts make a school. Amen</p>	<p>Diocese of Hereford Multi-Academy Trust</p> <p>A FAMILY OF SCHOOLS FLOURISHING TOGETHER</p>	<p>Goodrich Church of England Primary School</p> <p><b>Collective Worship</b></p> <p>At this time of year we think about <b>Lent &amp; Easter</b></p> <p>We are thoughtful. We value compassion and forgiveness. "Live in harmony with one another; be sympathetic; love as brothers; be compassionate and humble." (1 Peter 3:14)</p>	Dragon	157	
Year 1	100%				Pegasus	93	
Year 2	83.8%				Griffin	118	
Year 3	94.1%				Phoenix	112	
Year 4	100%						
Year 5	91.3%						
Year 6	97.9%						
<b>TOTAL</b>	<b>94%</b>						

## Primary School Newsletter

### X Snapshot @GoodrichCESch

**Goodrich CE School and Goldcrests Nur...** @GoodrichCES... · 51m

The Garden Guardians have made some beautiful cane toppers for the sunflowers they are growing. They showed such kindness and compassion, helping each other as the warm air wanted to dry the clay very quickly.

**Goodrich CE School and Goldcrests Nur...** @GoodrichCES... · 17h

We learnt more first aid with Bob. There are some budding paramedics amongst us! #GSows #GSPHSE

### Reminders

## LOST PROPERTY

Lost property will be put at the front of school in the appropriate boxes. Please have a look, as so much of it isn't named making it impossible to return it to the right child.

### PTFA/ Eco

## Goodrich Easter Trail

Follow the trail, answer the questions and collect a prize!

**Saturday 5th April 11-1pm**

Tickets for £3 plus hot dogs, burgers (including veggie options) and drinks available to purchase

## News

Dear Parents,

It is with great pleasure that I can announce that Red Dragons are the House competition winners for the Spring Term this year. They will be meeting with Miss Williams to decide on the treat that they can enjoy on 8<sup>th</sup> May. Well done for all the achievements that have resulted in this win. Many of which are for teamwork and supporting other children in their house and others.

The QR code below is soon to be on every Newsletter and the App. This is for you to use to report anything you are concerned about of a safeguarding nature in respect of one or more of our pupils. As parents you observe things out of school, at parties and in the carpark that we don't and this allows you to add to observations that we may have at school and if appropriate, we will then make a referral to the Multi Agency Safeguarding Hub. You can of course also refer directly yourselves by calling 01432 260800 or via the NSPCC 0808 800 5000.



Thank you to the eleven parents who took the time to complete the parent survey. Whilst every response is useful, we feel we will need to repeat this again as it is not representative of our whole school. Some feedback however has been around opportunities to look at books and be involved in their learning, knowing how to support your children at home. This is something that stopped during the pandemic and we think will be very useful. It is only by working together that we can optimise your child's potential throughout the curriculum and so teachers will be planning in these opportunities to fit with their curriculum plans for next term. We can't wait for the children to share their learning with you.



I wish you all an exciting Easter time which is full of fresh outlooks, matched perfectly by the wonderful weather we are currently enjoying.

Best wishes

Mrs Miles

## Class News

Thinking of Mum's in preparation for Mother's Day, the children were looking after babies in our role-play area, feeding, potty training and bathing them. We read stories that explored how we feel about our Mum's, such as 'I want my Mum', 'Owl Babies' and 'Me and My Mum'. Then we sang 5 Little Ducks, counting on our fingers- taking one away. In our Forest School session, we learned about baby animal names and the habitats where they live. The children were busy creating special gifts and cards to give their Mum's. This week Goldcrests have been excited to learn about pets. Thank you to the parents who supported our learning by giving hands-on experiences by bringing in their pets to talk about how they look after them, such as dogs, a tortoise, and a bearded dragon. We concentrated on two stories this week learning what it was like to have a pet dragon in the story 'Amazing' and 'The Great Pet Sale' about a boy who couldn't choose which pet to have, so bought them all. We created our own story scenarios in the small world, saving all the animals from a great storm. We played a 'spotty dog' game, matching the correct number of spots to the dog and subitised one to six on a dice.

Goldcrests	Quote of the week	Body & Mind	Wow Play!	Words of the Week
	<p style="text-align: center;">I love my Mum                  "Because she takes care of me &amp; when I feel a bit sad, she helps me to be happy." "She wakes me up in the morning &amp; she hugs me", "she cleans up my room &amp; she loves me", "because she gives me toys", "cause I just do."</p>	 Developing our upper bodies whilst having fun with the stretchy cloth.	 Great teamwork and cooperation, building a ball run.	<p style="text-align: center;">fawn                  cub                  snakelet                  kit                  owlet                  hoglet                  pup or pinkie</p>

In Maths, we have been busy naming and identifying the properties of 2D shapes. Year 1 had fun creating some artwork inspired by Kandinsky using shapes with curved sides. Reception have been exploring and searching for 2D shapes in the environment. In English, Year 1 have been thinking about recording information in lists and reading and writing a simple set of instructions. We all followed a set of instructions to make a popping egg card.

In R.E., we listened to the story of Palm Sunday and created our own watercolour pictures to recall the main events. In History, we looked at different modes of transport from the past and present and talked about the invention of the steam engine. In Science, we have been discussing what plants need to grow and have set up some experiments to test our predictions. We are excited to see if we are correct!

Wrens

Quote of the week

Body & Mind

Wow Play!

Words of the Week

As Jasper looked through a set of binoculars in the outdoor area he exclaimed, "let me explore!"

We enjoyed being still and calm in our bubble bounce mindfulness activity.



locomotive  
engine  
transparent  
grow  
survive

Daisy Lara

In Maths we have been learning about fractions, we have been recognising and finding halves, quarters and thirds with different shapes and amounts. The children know that each part must be equal. In History we shared the book 'Flying Scotsman' by Michael Morpurgo, which the children really enjoyed. We found out all about the steam engine and how it worked. We then looked at trains and how they have changed over time. We have found out how the invention of the steam engine helped during the industrial revolution. For Mother's Day the children were delighted to plant a flower and following on from that thoroughly enjoyed a visit to Ross community gardens. The children explored the grounds looking for a variety of things like roots, bark and blossom. They had an opportunity to plant a sunflower seed and find out about the lifecycle of a sunflower. They also sprinkled wildflower seeds in a flowerbed, raking and watering them too. We all had a brilliant afternoon in the sunshine.

Robins

Quote of the week

Body & Mind

Wow Work!

Words of the Week



Whilst using Scratch (Computing) Rufus said, "I have made an infinite loop, it will go on forever!"



The children have enjoyed [super yoga](#) after lunch.



doze  
dunk  
plod  
waddle  
dangle

Sam Athena

Woodpeckers	<p>In Maths, we have been using our times table facts to solve problems involving multiplying and dividing. In English, we have been exploring the mythical story of Romulus and Remus and looking at how the setting is described. We have used this to write our own descriptions about another Roman setting – Pompeii. In Science, we have been dissecting flowers to investigate the different parts of a flower and have been learning about the jobs of each part of the flower. In DT, we have been using our designs to create our app-enabled robots to promote health and fitness and in PE we have been working as a team to play handball. In History, we have been exploring the beginning of the Roman Empire and how it expanded across the world across hundreds of years and in Geography, we have been researching the Panama and Suez Canal and how they are used to transport goods to different countries. Finally, I would like to take this opportunity to wish you all a very happy Easter. I hope you all have a lovely break, spending time together in the sunshine and maybe some Easter eggs and hot cross buns too!</p>				Gabriel Sebbie Cliffy
	Quote of the week	Body & Mind	Wow Work!	Words of the Week	
	<p>Whilst looking at different maps of how the Roman Empire changed over time, Zach said; “At the bottom of the map, it shows what each colour means. The Celts started off really powerful, but the Romans took over all their land.”</p>	 <p>The children have been enjoying their daily mile in the sunshine.</p>	 <p>Our robot designs have come to life!</p>	<p>founder empire setting stigma stamen</p>	

Owls	<p>In Maths this week, we have been learning leaning long multiplication. It feels very tricky to start with as there are lots of steps, but we are beginning to master it! In English, we have been presenting our poems and writing a prayer for our forthcoming Easter Service. In Science we have been learning more about Earth and Space. Last week, we learnt about the phases of the moon, and we made pinhole cameras to take home, to watch the partial solar eclipse which happened on Saturday morning. On Wednesday afternoon we enjoyed the sunshine over in Forest School while doing some planting and gardening maintenance. For the last two Thursday's, Bob Mitchell has been visiting Owls Class to teach us some basic first aid. The children have role played what a call to the emergency services would be like; they have learnt the steps they should follow when finding a casualty and how to put someone into a safe airway position. They have also learnt how to treat minor injuries such as cuts and no bleeds. I think we may have some future doctors, nurses and paramedics in the class! Huge thanks to Bob for giving his time so generously. Finally, thank you for all of your help and support this term, we wish you a Happy Easter from Owls Class.</p>				Cecily Wynter
	Quote of the week	Body & Mind	Wow Work!	Words of the Week	
	<p>Some comments made by the class after learning about first aid:</p> <p>“I didn't realise that the emergency number to call was 999, I thought it was 911.”</p> <p>“Knowing some first aid makes me feel safer.”</p> <p>“This is fun, I'm going to practise at home.”</p>	 <p>Bob taught us essential first aid skills. Thank you, Bob!</p>	<p>Owls Class are taking part in the Hobby Craft Easter Bonnet competition. They have shown wonderful teamwork and creativity in their designs. Please pop in if you are nearby and vote for our entries. Prizes will be announced after Easter.</p> 	<p>eclipse tedious frenzy illustrate deliberate</p>	

Last Wednesday, we went to Hereford Cathedral for a day of inspiration as part of our 'Art and Religion' theme. We had an 'Illuminated Letters' workshop, a guided tour of the cathedral, meeting an icon artist and the opportunity to draw areas or artefacts of interest while some of us undertook brass rubbings. In Music, we have been developing our playing skills and our Music teacher, Mrs Gibson, has been impressed with our conscientious attitude. In History, we have been learning about the Mayas. They were a sophisticated civilisation who valued intelligence and learning. In Maths, we have been learning about ratio/proportion and angles while in English, we have been generating arguments to persuade an audience of the benefits of reading a range of non-fiction and fiction books. We have also written our own script for our Celebration Worship. Last Friday, we enjoyed helping the PTFA to set-up the preloved sale which was the culmination of another successful recycling week. Before we finish, thank you to all our reading volunteers and helpers for your continued support. Finally, we would like to wish you all a very Happy Easter. Let's hope the sun continues to shine!

Peregrines

Peregrine Class  
Jasper HC

Quote of the week

Body & Mind

Wow Work!

Words of the Week

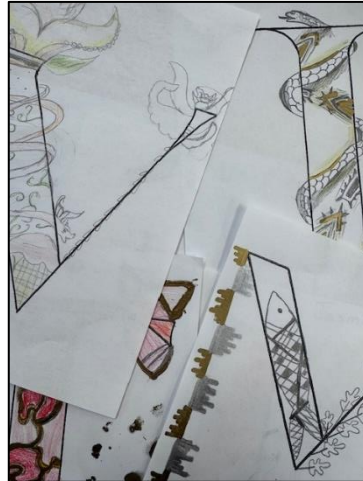
These are two quotes about our visit to Hereford Cathedral:

"I loved the history behind it all and the building/architecture of it is truly amazing."

"I really enjoyed it because of all the different rooms and halls. I loved the St Ethelbert story although it was a bit gruesome."



Drawing and brass rubbing in Hereford Cathedral.



Some of our 'Illuminated Letters' inspired art work.

resurrection  
sophisticated  
icons  
illuminated  
revelations

Headteacher  
Star Award

Mrs Miles is on the lookout for her next star!

Forest School		Celebration Worship		Other Dates	
07/04/25	Wrens	04/04/25	Peregrines	05/04/25	Easter egg hunt 11:00am
09/04/25	Goldcrests			10/04/25	Easter Service 10am
09/04/25	Peregrines			11/04/25	Parents Coffee morning 8:30am
28/04/25	Robins			11/04/25	Last day of Spring Term
30/04/25	Woodpeckers	09/05/25	Wrens	28/04/25	Summer term begins
05/05/25	Wrens			22/05/25	Sports Day Goldcrests, Wrens & Robins a.m. Family picnic- all Woodpeckers, Owls & Peregrines p.m.
07/05/25	Owls			23/05/25	Parents coffee morning 8:30am
12/05/25	Robins			23/05/25	Last day of Summer Term 1

Be Ready

Be Safe

Be Respectful



Diocese of  
Hereford

Multi-Academy Trust

## PGCE Pathway

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contact:

Vicky Tansley

[v.tansley@dhmat.org.uk](mailto:v.tansley@dhmat.org.uk)

(01584 838880)



## POLICE OPEN DAY

Leominster  
Police Station  
HR6 0LZ

Sunday 6 April  
11am to 3pm

FREE event for all ages



- > Custody tours
- > HWFRS fire engine
- > Longtown Search and Rescue stand and vehicle
- > Territorial Army stand and vehicle
- > Classic police cars
- > OPU vehicles and dog\*

\*All exhibits are subject to operational needs on the day



## Make-it Happen

Making all your Creative Dreams come true...

### Children's Easter Holiday Workshops

Wednesday 23rd April

- 10am-11am: Hand Stitched Mug Hug
- 11am-12pm: Hand Stitched Book Mark
- 1:30pm-2:30pm: Needle Felted rainbow
- 2:30pm-3:30pm: Needle Felted Easter Egg

Thursday 24th April

- 10am-11am: Plushie Doughnut
- 11am-12pm: Hand Stitched Easter Bunny
- 1:30pm-2:30pm: Good Luck Magic Potion
- 2:30pm-3:30pm: Night Light Jar

Friday 25th April

- 10am-11am: Colour Transfer Tee Shirt
- 11am-12pm: Colour Transfer Tote Bag
- 1:30pm-2:30pm: Magic Wands
- 2:30pm-3:30pm: Plushie Dinosaur

[www.make-ithappencreatedreams.com](http://www.make-ithappencreatedreams.com)  
for booking & more info  
9 Gomond Street, Hereford, HR1-2DP  
01432 632 280



# SEND LOCAL OFFER

[www.herefordshire.gov.uk/localoffer](http://www.herefordshire.gov.uk/localoffer)

VISIT THE HEREFORDSHIRE SEND LOCAL OFFER WEBSITE

Help, support, advice and information for children and young people with special educational needs and disabilities.



[X](#) [f](#) [i](#) [t](#) [v](#) [hfdscouncil](#)

[www.herefordshire.gov.uk](http://www.herefordshire.gov.uk)

- Clear accessible SEND information, advice and support
- Information about local and national help and support
- Specialist support services for children and young people with additional needs
- Short breaks and respite
- Information on leisure and things to do
- Advice on education, health and wellbeing
- SEND Travel and Transport information and how to apply
- Information about childcare and Early Years support
- Post 16 options and Preparing for Adulthood



Herefordshire and Worcestershire Integrated Care System

Herefordshire Council



Visit:

[www.herefordshire.gov.uk/localoffer](http://www.herefordshire.gov.uk/localoffer)



## The Drama Company's popular Easter Workshops are back again this year.



14th, 15th & 16th April 2025

9:30am—12:30pm

at Gorsley Goffs School



### Drama Activities with an Easter theme.

Come and Join us for 9 hours of laughter & fun.

£14per day or £42 for 3 days

Early bird booking (before March) £40 for all 3 days

Drinks and snacks will be provided.

Contact Sarah to book a place 07814 624417 or email

[sarhoneill362@btinternet.com](mailto:sarhoneill362@btinternet.com)



## EASTER HOLIDAY ACTIVITIES at Ross Swimming Pool

When school's out, the holiday activities at Ross Swimming Pool are in...

**Super Game Fitness - A huge range of fun indoor games. Suitable for 8-12 years.**

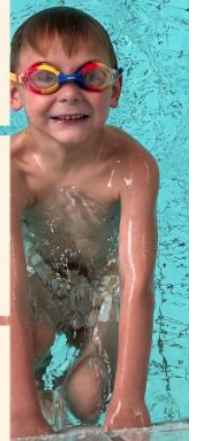
**16th & 25th April  
10:30am - 11:30am  
& 12:30pm - 1:30pm  
£6.40 per child**

**Our 4-day Intensive Learn to Swim Courses are for children on Stage 3 of our learn to swim programme.**

**14th - 17th April  
2.30-3pm  
£31.50 for full 4 days**

**Swimming - our pool will be open everyday throughout the Easter Holidays for all the family to enjoy!**

**Find session times on our website or our App**



Find out more at [www.haloleisure.org.uk](http://www.haloleisure.org.uk). Pre-booking required - call 01989 763487 or pop into Reception

halo

# ROSS JUNIORS *Wildcats*

BEGINS 28TH  
APRIL 6-7PM

Reception age girls

### Why Join Our Wildcats?

- Make new friends
- Learn football skills
- Great qualified coaches
- Pathway through all ages
- Lots of fun

### Who Can Join?

- Girls
- Reception School Age
- All skill levels welcome

### Contact Us:

[info@rossjuniorsfc.com](mailto:info@rossjuniorsfc.com)

