

## KEEPING SAFE &amp; HEALTHY

## WATER SAFETY

## SAFETY TIPS:

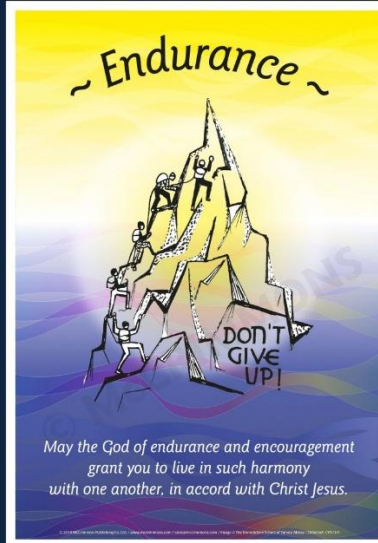
- STAY AWAY FROM SLIPPERY RIVERBANKS AND EDGES
- NEVER JUMP INTO OPEN WATER
- STAY WITH FRIENDS OR FAMILY NEAR WATER
- STRONG CURRENTS CAN PULL YOU UNDER QUICKLY
- COLD WATER CAN CAUSE SHOCK, EVEN IN WARM WEATHER
- WEAR A LIFE JACKET FOR WATER ACTIVITIES
- AVOID SWIMMING IN UNSUPERVISED
- TELL AN ADULT WHERE YOU ARE GOING

## IF SOMEONE IS TROUBLE IN THE WATER:

- CALL 999 AND ASK FOR FIRE AND RESCUE
- DO NOT JUMP IN AFTER THEM
- THROW SOMETHING THAT FLOATS IF POSSIBLE
- ENCOURAGE THEM TO FLOAT ON THEIR BACK

## CHRISTIAN VALUES

## Endurance



## COMMUNITY NEWS

## Forest School needs your help...

Are you able to donate the following items to help restock forest school equipment?

- Secateurs
- Garden shears
- Sting / rope / basket twine (varying thicknesses)
- Paintbrushes (all sizes) to use in mud
- Hammocks
- Sturdy small spades (ideally smaller than a border spade)
- Clear varnish

## Goodrich Church of England

| Attendance   |              | 17 <sup>th</sup> Edition 2025-26 6 <sup>th</sup> July 2026                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                                  | House points |     |
|--------------|--------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|-----|
| Reception    | 94.7%        | <p><b>School Prayer</b></p> <p>Dear God,<br/>Bless our school.<br/>Bless our teachers.<br/>Bless our pupils.<br/>Bless our families.<br/>Please help us to be kind and help us to always try our best.<br/>Let us remember, as many hands make a house,<br/>So many hearts make a school.<br/>Amen</p> | <p>Goodrich Church of England Primary School</p> <p><b>Collective Worship</b></p> <p>At this time of year we think about Ascension &amp; Pentecost</p> <p><i>We persevere.</i><br/><i>We value hope and trust.</i></p> <p>"Hope is coupled with faith and love at one of the three most enduring gifts of the spirit." (1 Corinthians 13:13)</p> | Dragon       | 110 |
| Year 1       | 93.4%        |                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                  | Pegasus      | 148 |
| Year 2       | 94.5%        |                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                  | Griffin      | 140 |
| Year 3       | 95.2%        |                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                  | Phoenix      | 109 |
| Year 4       | 93.1%        |                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                  |              |     |
| Year 5       | 93.3%        |                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                  |              |     |
| Year 6       | 92.6%        |                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                  |              |     |
| <b>TOTAL</b> | <b>93.8%</b> |                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                  |              |     |

## Primary School Newsletter

Twitter Snapshot  
@GoodrichCESch

## Reminders

- Please make sure that lunch orders are placed in good time, so that we can ensure we have enough food ordered.

This is for you to use to report anything you are concerned about of a safeguarding nature in respect of one or more of our pupils.



## PTFA/ Eco

## Goodrich Primary School PTFA

Bringing our school community together for every child.  
CHARITY NO. 1041727

## Who we are

We're a group of parents, carers and staff that volunteer and come together to organise fun events and raise money which directly benefits all children at Goodrich Primary School.

## Why join the PTFA?

- ✓ Meet other parents and carers
- ✓ Feel part of the school community
- ✓ Help support activities for the children
- ✓ Make a real difference to your child's school experience
- ✓ Be involved on a small or as little as you like

No experience needed - just be willing to get involved!

## Ways to get involved...

- BECOME A CLASS REP
- If you have any skills that could benefit the PTFA as business sponsorships, donations, help in any way, then please do let us know

## VOLUNTEER

- If you have any skills that could benefit the PTFA as business sponsorships, donations, help in any way, then please do let us know

## SHARE YOUR SKILLS

- If you have any skills that could benefit the PTFA as business sponsorships, donations, help in any way, then please do let us know

## What we do...

- Organise a range of events throughout the year
- Fundraising events
- Community activities

## Support us through fundraising...

Raise funds for us for free through fundraising. Nothing more needed from you, just simply download the app, and we'll do the rest for you. It only takes 2 minutes to sign up.

## Stay Connected!

Follow us and keep up to date with events and news.

## News

Dear Parents,

On Friday we were entertained by Goldcrests, sharing some of their favourite songs. Their energy was infectious and we were very impressed by their confidence performing in front of the whole school and some of their family members. This was closely followed by the PTFA Summer Garden Party. Thank you to everyone who stayed to join the fun, all our families who ran stalls and of course Romina and her PTFA team who made it all work. The amount of time and care that goes into organising an event like this is largely unseen, but the proof is in the smiling faces observed at the event. Thank you all.

This is the last newsletter of the year, and this week is the last week of normal clubs too. I would like to take the opportunity to thank you all for working in partnership with us and to all the staff at school, who take their roles and the care of your children so seriously. It really is a work of heart. Finally, I would like to thank those members of our community who volunteer and in doing so enrich your children's experiences- Reverend Simon, the 'Open the Book' team, reading volunteers, people who help with trips and our governors. Thank you all.

Well done to Blue Pegasus house- you are the winners for the Summer Term and will be planning a treat for the end of this week.

The winners for the whole year are Golden Griffins with a massive three hundred and seventy-seven points; they should be rightly proud of themselves. Next week they will receive their reward.

This week is due to heat up again and we will be in touch in due course with any changes to routine.

Next week will be one of celebrations and farewells, bringing the school year to a close, we look forward to many of you joining us to share these moments.

Wishing you a wonderful summer holiday when we get there with quality time as families.

Best wishes

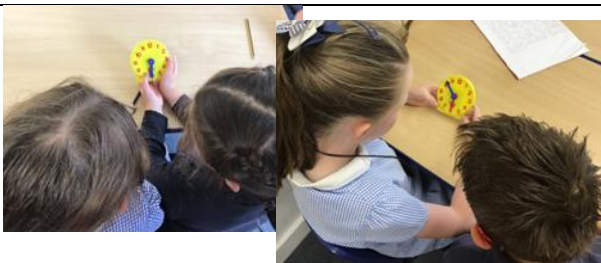
Mrs Miles

## Class News

|            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                 |                                                                                                                 |                                                                                                                                                                                              |
|------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Goldcrests | As the children displayed an interest in pirates, we followed this in our play, using their hands and feet to dig through the sand and find lots of different coloured jewels and gold coins. Some children collected the treasure in small pots, while others used them in their role-play. The children also enjoyed exploring the water trays, containing coloured water, bubbles and lots of ice. They explored small world, splashing in rock pools and naming the sea creatures. The children were fascinated, making treasure maps, telescopes and creating the odd watch or two. This week, we read 'The Gruffalo' and went on a story walk and found the mouse, fox, owl and snake along the way. They also finally found the Gruffalo hiding in the woodland. We acted out the story, created cloud dough to use as ice cream, made homes for the different animals, scooped up scrambled snakes and explored some of the ingredients for a Gruffalo crumble. |                                                                                                                 |                                                                                                                 |                                                                                                                                                                                              |
|            | Quote of the week                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | Body & Mind                                                                                                     | Wow play!                                                                                                       | Words of the Week                                                                                                                                                                            |
|            | <p>The children were excited to tell us what they had been doing in Wrens.</p> <p>"It was amazing, I played with Lego."</p> <p>"I loved it."</p> <p>"Playing Spiderman"</p> <p>"I liked the babies."</p> <p>"I liked dressing up."</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |  <p>Fun at Forest School</p> |  <p>'My Family' by Ebby</p> | <p>Using descriptive words.</p> <p>terrible teeth</p> <p>knobbly knees</p> <p>turned-out toes</p> <p>poisonous wart</p> <p>eyes are orange</p> <p>tongue is black</p> <p>purple prickles</p> |

|       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                       |                                                                                    |                                                 |
|-------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|-------------------------------------------------|
| Wrens | <p>We have been buzzing with excitement as we have explored the amazing world of bees. We discovered why bees are so important, how they help pollinate flowers so that we can enjoy fruits and vegetables and how we can help to protect them. In English we then wrote instructions on how to make 'Bee baths' and then made them to help the bees during the hot weather. The children loved planting our very own bee corridor to attract the bees and other pollinators, creating a beautiful space for wildlife to enjoy.</p> <p>We also had an incredible experience watching our caterpillars transform into butterflies before releasing them into our garden. It was a lovely moment that all of the children will remember.</p> <p>Our transition day was a huge success, and we are so proud of how confidently and enthusiastically the children embraced it. They are all ready for their next adventure! As the school year comes to a close, I would like to say a huge thank you for all your support this year. It has been an absolute pleasure teaching such a wonderful class and I wish you all a very happy and healthy summer holiday. Well done, Wrens!</p> |                                                                                                                                                                                                       |                                                                                    |                                                 |
|       | Quote of the week                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | Body & Mind                                                                                                                                                                                           | Wow play!                                                                          | Words of the Week                               |
|       | When planting our wild seeds Phenix said<br>"Plants need lots of things to help them grow... they need good soil, lots of water and the bright sunshine."                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | During the heatwave the children designed and made 'bee baths' to help the bees get a drink in the hot weather. This led to lots of discussions about what we can do in the hot weather to keep cool. |  | transformation<br>change<br>life<br>pollinators |

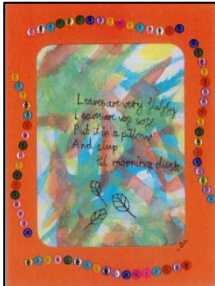
|        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                                                                                                                   |                                                                                      |                                                             |
|--------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|-------------------------------------------------------------|
| Robins | <p>Wow, what a year it has been! Robins class have grown in height, confidence and independence. We have finished our English off by writing lots of persuasive pieces, the children have really enjoyed playing 'would you rather?' and trying to persuade the reader. In Maths we have been telling the time to the hour, half past and quarter past, the children have also enjoyed playing time games. In Art we have created artwork based upon William Blakes work – 'Ancient Days' using a variety of different techniques.</p> <p>There has been a buzz of excitement from the children after their transition day to their new classes.</p> <p>As this year draws to a close, I would like to thank you all for your continued support throughout the year. It has been a pleasure as always to watch your children grow; I have been very lucky to teach some children for three years. I am excited to see them move on to the next chapter of their school life.</p> <p>Have a restful and enjoyable summer.</p> |                                                                                                                   |                                                                                      |                                                             |
|        | Quote of the week                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | Body & Mind                                                                                                       | Wow work!                                                                            | Words of the Week                                           |
|        | When learning how to tell the time Frankie said,<br>"Oh I get it, half past is halfway around the clock!"                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | During the heat wave we stayed cool under the fan and took part in 'Draw with Rob' we enjoyed drawing new things. |  | o'clock<br>half past<br>quarter past<br>analogue<br>digital |

|             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |  |  |  |
|-------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|
| Woodpeckers | <p>As we come closer to the end of the summer term (how time flies!), Woodpeckers have been very busy and adjusted well to some changes to our usual routine and the hot weather! In Maths, we have been using our knowledge of fractions and mixed numbers to add and subtract. We have also been creating a fraction wall to help us identify equivalent fractions and solve problems. In English, we have linked our Geography focus on volcanoes to write a description of a volcano and an explanation on how volcanoes erupt. In PE, we have been working on our batting skills through tennis and rounders and in Science, we have been exploring push and pull forces.</p> <p>On Wednesday, some of Year Three children represented the school in the Herefordshire School Games Multi Skills event, practising different skills and developing their teamwork skills. Our school was recognised for their amazing teamwork and perseverance and awarded the teamwork trophy by the Kingstone Sport Leaders – they should be so proud of themselves and what they achieved!</p> <p>As we come to the end of this academic year and with this being the final newsletter, I would like to say a big thank you to everyone who has helped and supported us throughout the year and to the children of Woodpeckers Class, thank you for your hard work, for the giggles and the memories and just for being you! You are all superstars and I know you will continue to flourish as you move into Year Four and Five. Finally, I hope you all have a great summer and I look forward to seeing you all in September.</p> |  |  |  |
|             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |  |  |  |

|  | Quote of the week                                                                                                                                                                | Body & Mind                                                                                                                       | Wow work!                                                                                                                        | Words of the Week                                                          |
|--|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------|
|  | <p>After the School Games,<br/>Daisy said; "I loved everything...can I do it again next year?"<br/>Aster added; "I loved the running races because I was really good at it."</p> |  <p>Herefordshire School Games Multi Skills.</p> |  <p>Making a volcano to see how it erupts!</p> | <p>equivalent fraction<br/>volcano<br/>eruption<br/>force<br/>friction</p> |

| Owls | <p>We have had a busy week in Owls, with some changes, which the children have coped with extremely well. On Monday, Year Four continued to build on their tennis skills, showing great enthusiasm and developing their techniques, while Year Five enjoyed a fantastic session in Forest School. On Wednesday, some of the class travelled to Hereford to take part in the Herefordshire School Summer Games, where they demonstrated excellent teamwork and sportsmanship as they represented our school alongside many others from across the county. This day also marked Mrs Lewis's last day with us; she has been a wonderful support to the class and will be greatly missed. We wish her all the very best as she begins her teaching career with her own class in September. As the academic year draws to a close, I would like to thank everyone who has contributed to making it such a successful and enjoyable year. In particular, thank you to all the parents in Owls class for your continued support, and to our dedicated reading volunteers for their invaluable commitment throughout the year. Finally, a huge well done and thank you to all of the children for their determination and resilience—you should be incredibly proud of all you have achieved.</p> |                                                                                                                                                                            |                                                                                                                                                                        |                                                                             |
|------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------|
|      | Quote of the week                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | Body & Mind                                                                                                                                                                | Wow work!                                                                                                                                                              | Words of the Week                                                           |
|      | <p>After a day of fun learning activities and pebble painting, Lucile said, 'Today was the best! Can we do this again?'</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |  <p>Year 5 represented our school playing rounders at the Herefordshire School Games</p> | <p>The children who remained in school on Wednesday, decorated some pebbles.</p>  | <p>convergent<br/>divergent<br/>marsupial<br/>monotremes<br/>placentals</p> |

| Peregrines | <p>Well this is the last newsletter for this academic year. Once again, where has the time gone? We have been busy rehearsing our plays and working through the heat because the 'show must go on!' On Monday, we enjoyed a great Forest School session and in P.E we were playing team games – rounders and dodgeball. On Wednesday, some of us went to the Herefordshire School Summer Games to participate in a range of activities alongside other schools within the county while the rest of us created artwork in different forms and on different surfaces. This week Year Six have been visiting their new high schools and have come back full of excitement for their next learning journey. Before the year ends, I would like to say a huge thank you to everyone who has helped and supported Peregrine Class over the year. It has been very much appreciated and valued. A big shout out to Caroline for giving up her time on a Monday morning to hear the children read. Thank you for making a difference. Finally, to all of the children who have achieved so much over the year and in their own unique ways. You have given me many memories and made me proud. Wishing you all a wonderful summer break and all the very best Year Six at your new schools and Year Five, I will look forward to seeing you in September where I am sure you will shine even more. Thank you again.</p> |                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                 |                                                                                 |
|------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------|
|            | Quotes from the week                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | Body & Mind                                                                                                                                                                                                                                                                           | Wow work!                                                                                                                                                                                                                                       | Words of the Week                                                               |
|            | <p>When discussing the importance of doing the right thing, Millie said, "It is important to tell the truth."</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |   <p>Some of Year 6 being physically active both in mind and body at the Herefordshire School Summer Games.</p> | <p>Leia wrote some poems and created some beautiful artwork to display them. This is just one of four she created at home and brought them in to show.</p>  | <p>productivity<br/>genetics<br/>satisfactorily<br/>organisms<br/>selective</p> |

# Class Superstars

| Wrens         | Robins       | Woodpeckers  | Owls          | Peregrines   |
|---------------|--------------|--------------|---------------|--------------|
| Joshua Larkin | Jaxon George | Callum Elsie | Lucile Cliffy | Maddy Millie |

# Calendar

| Forest School |          | Celebration Worship |  | Other Dates |                                                                                                               |
|---------------|----------|---------------------|--|-------------|---------------------------------------------------------------------------------------------------------------|
| Robins        | 06/07/26 |                     |  | 08/07/26    | Peregrines Performance p.m.                                                                                   |
| Goldcrests    | 08/07/26 |                     |  | 10/07/26    | Siege of Goodrich Castle Event                                                                                |
| Year 3 & 4    | 08/07/26 |                     |  | 14/07/26    | Year 6 Rounders & BBQ                                                                                         |
| Year 6        | 15/07/26 |                     |  | 15/07/26    | Year Two Graduation 09:30                                                                                     |
|               |          |                     |  | 16/07/26    | Goldcrests Picnic with families 12:00<br>Year Six Leavers' Service 13:45<br>Last day of 2025-26 Academic Year |

*Be Ready*

*Be Safe*

*Be Respectful*



**PGCE Pathway**  
Start your teaching career with us



Are you interested in a career in teaching?

Come and join our Regional Training Hub Plus

In partnership with the University of Worcester  
[www.worcs.ac.uk](http://www.worcs.ac.uk)

Would you like to find out more?

For further information contact:

Vicky Tansley  
[rth@dhmat.org.uk](mailto:rth@dhmat.org.uk)  
or  
[v.tansley@dhmat.org.uk](mailto:v.tansley@dhmat.org.uk)



## DHMAT and the University of Worcester launch new local PGCE primary teacher training route based in Hereford

For the first time ever, aspiring primary teachers in Herefordshire will be able to complete their teacher training with the University of Worcester without leaving the county.

It's thanks to an expanded partnership between the University and the Diocese of Hereford Multi Academy Trust (DHMAT), which will see all training delivered locally in Herefordshire.

The development expands the county's existing Regional Training Hub, where trainees split their time between local schools and the University's Worcester campus.

The upgraded Regional Training Hub Plus model means that all academic study and practical training for the primary PGCE will now take place within Herefordshire schools.

Andrew Teale, CEO of Diocese of Hereford Multi Academy Trust, said: "This is a significant and hugely positive development for education across the Diocese of Hereford. By delivering the full PGCE programme locally, we are removing barriers and opening doors for talented people within our communities who feel called to teach but previously found the logistics too challenging."

He continued: "Through our partnership with the fabulous University of Worcester, we are investing in local people and growing the next generation of teachers within our own schools. That strengthens not only the schools in our Trust, but the wider family of church and community schools across the Diocese."

Andrew added: "This is about opportunity, community, and ensuring that every child is taught by highly trained, committed professionals who understand and care deeply about the places they serve."



The fully local 36-week Primary PGCE will see trainees placed in DHMAT schools across the county, with academic sessions delivered at the Hereford Church of England Academy.

The University of Worcester, rated Outstanding by Ofsted for its teacher training, will oversee and deliver the programme, providing a high-quality, flexible, and community-based route into the profession.

Andrew Taylor, Senior Lecturer at the University of Worcester, said: "This new fully local training route has been designed for career changers, parents, and anyone who has the potential and passion to teach, but previously felt unable to start training because of travel, family commitments, or the logistics of attending the campus in Worcester."

If you are interested in applying or would like further details please email: [rth@dhmat.org.uk](mailto:rth@dhmat.org.uk)

We would love to hear from you.

# Take your confidence to the next level



A game to help manage your worries.

Recommended by

**NICE** National Institute for Health and Care Excellence



Manage common worries like:

- Starting a new school year
- Making mistakes at school
- Making new friends and more

Ask your parent/carer to register for a game key:  
[luminova.app/handw](https://luminova.app/handw)



## SUMMER INTENSIVE'S



Ledbury, Orchard Ln,  
HR8 1BY

20TH JULY – 20TH AUGUST



Through Conductive Education, our specialist conductors will be working on balance, coordination, walking technique, weight transfer, strength, and independence – all in a supportive and motivating environment



Consistency is key, and repeated practice helps build lasting skills, confidence, and real functional progress

Book your place now  
[sue@meganbakerhouse.org.uk](mailto:sue@meganbakerhouse.org.uk)

Charity Number: 1141827

## WATER SAFETY



### SAFETY TIPS:

- STAY AWAY FROM SLIPPERY RIVERBANKS AND EDGES
- NEVER JUMP INTO OPEN WATER
- STAY WITH FRIENDS OR FAMILY NEAR WATER
- STRONG CURRENTS CAN PULL YOU UNDER QUICKLY
- COLD WATER CAN CAUSE SHOCK, EVEN IN WARM WEATHER
- WEAR A LIFE JACKET FOR WATER ACTIVITIES
- AVOID SWIMMING IN UNSUPERVISED
- TELL AN ADULT WHERE YOU ARE GOING

### IF SOMEONE IS TROUBLE IN THE WATER:

- CALL **999** AND ASK FOR **FIRE AND RESCUE**
- DO **NOT** JUMP IN AFTER THEM
- THROW SOMETHING THAT FLOATS IF POSSIBLE
- ENCOURAGE THEM TO FLOAT ON THEIR BACK

## COLD WATER CAN SHOCK YOUR BODY



### THE RISKS

Rivers, lakes and open water might look safe, especially in warm weather but the water in the UK is often cold enough to cause cold water shock – even in summer.

Cold water shock is the body's sudden reaction to entering cold water. It can happen in seconds and affect anyone, including strong swimmers.

You may:

- Gasp for breath
- Panic or feel disorientated
- Lose control of your breathing
- Struggle to swim or stay afloat

As your body cools, your muscles become weaker, making it harder to keep swimming or get out of the water safely.

### THE FACTS

- All waters around the UK are cold enough to induce the cold shock effects, even in high summer.
- Over 60% of drownings are of people who have ended up in the water by accident, so they're usually very close to the edge, but something stops them from being able to get out safely.
- A sudden rise in blood pressure can be fatal for people with a pre-existing heart condition. Each year a number of people who are suspected of drowning, turn out to have had a heart attack.
- Studies show that people's ability to swim in cold water is much less than their ability in a warm swimming pool.
- Survivors of drowning have described how the effects of cold water shock made it difficult for them to survive.

**Rivers may look calm, but cold water and strong currents can be deadly.**