



Intimate Care Policy

Date reviewed: September 2026

Review period: Biannually

Due for review by: September 2028

Intimate Care Policy

INTRODUCTION

- Staff who work with young children or vulnerable children who have special needs, will realise that the issue of intimate care is a difficult one and will require staff to be respectful of children's needs.
- Intimate care can be defined as care tasks of an intimate nature, associated with bodily functions, body products and personal hygiene which demand direct or indirect contact with or exposure of the genitals. For example, care associated with continence.
- Children's dignity will be preserved, and a high level of privacy, choice and control will be provided to them. Staff who provide intimate care to children have a high awareness of child protection issues. Staff behaviour is open to scrutiny and staff at Goodrich Church of England Primary School work in partnership with parents/carers to provide continuity of care to children/young people wherever possible.
- Goodrich Church of England Primary School is committed to ensuring that all staff responsible for the intimate care of children will always undertake their duties in a professional manner. We recognise that there is a need to treat all children with respect when intimate care is given. No child should be attended to in a way that causes distress or pain.

OUR APPROACH TO BEST PRACTICE

- All children who require intimate care are always treated respectfully; the child's welfare and dignity is of paramount importance.
- Parents of all Early Years and KS1 children are asked to give consent for intimate care without a call home. Good child protection practice requires this to be done in an open way whilst being respectful to each child. In Goldcrests there are no doors to the toilet area, and the changing table is easily seen by any setting adult. In the Infants the children are encouraged to do as much as possible themselves but assistance in the communal toileting area is given. If significant support is required, the disabled toilet can be used, and a second adult should be present. Parents should be informed of the need for the change whilst not causing embarrassment to the child.
- Staff who provide intimate care to older children are trained to do so (including Child Protection and Health and Safety training in moving and handling) and are fully aware of best practice. Apparatus will be provided to assist with older children who need special arrangements following assessment from physiotherapist/ occupational therapist as required.
- Staff will be supported to adapt their practice in relation to the needs of individual children considering developmental changes such as the onset of puberty. Wherever possible staff who are involved in the intimate care of children/young people will not usually be involved with the delivery of sex and relationship education to their children/young people as an additional safeguard to both staff and children/young people involved.
- There is careful communication with each child who needs help with intimate care in line with their preferred means of communication (verbal, symbolic, etc.) to discuss the child's needs and preferences. The child is aware of each procedure that is carried out and the reasons for it.
- As a basic principle children will be supported to achieve the highest level of autonomy that is possible given their age and abilities. Staff will encourage each child to do as much for themselves as they can. This may mean, for example, giving the child responsibility for washing themselves. Individual intimate care plans will be drawn up for particular children as appropriate to suit the circumstances of the child and in consultation with parents/carers. These plans include a full risk assessment to address issues such as moving and handling, personal safety of the child and the carer and health.
- Goodrich Church of England Primary School recognises that every child has the right to be accepted for who they are without regard to race, gender, sexual orientation, culture and beliefs and will ensure that the values of the parent/carer and child/young person are taken into account when developing an individual intimate care plan

- Each child's right to privacy will be respected. Careful consideration will be given to each junior child's situation to determine how many carers might need to be present when a child needs help with intimate care. Where possible one child will be cared for by two adults.
- It is possible that the same child may not always be cared for by the same adult on a regular basis.
- Parents/carers will be involved with their child's intimate care arrangements on a regular basis; a clear account of the agreed arrangements will be recorded on the child's care plan. Please see appendix B for care plan template. The needs and wishes of children and parents will be carefully considered alongside any possible constraints; e.g. staffing and equal opportunities legislation.
- As necessary, if a child approaches puberty or where a medical condition sees the early onset of puberty, the school will review the need for an individual intimate care plan with the parent/carer to consider the views and needs of the child/young person.
- Each child/young person will have an assigned senior member of staff to act as an advocate to whom they will be able to communicate any issues or concerns that they may have about the quality of care they receive.

THE PROTECTION OF CHILDREN

- Goodrich Church of England Primary School Child Protection Procedures and the Herefordshire Safeguarding Children Partnership (Safeguarding Children Partnership - Herefordshire Safeguarding Boards and Partnerships) will be accessible to staff and adhered to.
- If a member of staff has any concerns about physical changes in a child's presentation, e.g. marks, bruises, soreness etc. s/he will immediately report concerns to the Designate Safeguarding Lead (DSL), Mrs Miles. A clear record of the concern will be completed and referred to MASH (Multi Agency Safeguarding Hub) and/or the Police if necessary. Parents will be asked for their consent or informed that a referral is necessary prior to it being made unless doing so is likely to place the child at greater risk of harm. A copy of the school's Child Protection Procedures is available on the website.
- If a child becomes distressed or unhappy about being cared for by a particular member of staff, the matter will be investigated and outcomes recorded. Parents/carers will be contacted at the earliest opportunity as part of this process to reach a resolution. Further advice will be taken from outside agencies if necessary.
- If a child makes an allegation against a member of staff, all necessary procedures will be followed (see the school's Child Protection Procedures and the Herefordshire Safeguarding Children Partnership (Children's Policies & Guidance - Herefordshire Safeguarding Boards and Partnerships)). This includes referring to the Local Authority Designated Officer. (LADO / Managing Allegations - Herefordshire Safeguarding Boards and Partnerships).

SOILING OF CHILDREN NOT SUBJECT TO A CARE PLAN

Due to the young age of the children, on occasion they may wet or soil themselves during the school day.

Parents of all Early Years and KS1 children are asked to give consent for intimate care to be given without a call home. Therefore, the following only applies to EY, KS1 children without permission and KS2 children. In most cases KS2 children can care for their own intimate needs in the case of an accident with verbal support from an adult and resources (clothes/ wipes) whilst preserving their dignity. All toileting accidents will be reported to parents privately.

If a member of staff becomes aware that a KS2 child has wet or soiled themselves and needs intimate care by an adult, the teacher will be informed immediately and the School Office will be asked to make a telephone call to the parents to confirm whether they are in a position to attend and change the child if permission has not been previously obtained. If a parent cannot attend, verbal consent must be gained from the parent to change the child, and an accompanied member of staff will change the child in accordance with Intimate Care Policy and Appendix A.

Appendix A Staff Guidelines

The below guidelines should always be adhered to when changing a KS2 child who does not have a care plan in place and dealing with wet/soiled items.

If a member of staff becomes aware that a child has wet or soiled themselves, the teacher will be informed immediately and the School Office will be asked to make a telephone call to the parents to confirm whether they are in a position to attend and change the child if permission has not been previously obtained. If a parent cannot attend, verbal consent must be gained from the parent to change the child, and an accompanied member of staff will change the child in accordance with Intimate Care Policy and Appendix A

- The child should be encouraged to self-care as much as possible.
- Staff must wear disposable gloves and aprons when dealing with an incident.
- A fresh pair of disposable gloves must be worn for each change.
- Aprons, gloves and wipes should be placed in the Nappy Bin in Goldcrests.
- Staff must wash hands with warm soapy water after each change is completed.

All staff should take every care to always ensure the child's privacy and dignity.



Intimate Care/Toileting Care Plan

Name of child	
Date of Birth	
Condition needing care plan	
Child's choices/ opinions	
What is the child expected to do for themselves?	
Facilities & equipment needed	
Number of staff needed	
Main intimate care giver	
Back up in event of staff absence	
Any training needed?	
Training given	
Date care plan to be reviewed	
Any special arrangements for trips	

_____ Dated _____

Parent

_____ Dated _____

Class teacher

_____ Dated _____

Main intimate care giver

_____ Dated _____

SENDco